



# Watercrest @ Shadow Creek Ranch

## May Birthdays

<b>Sharon Ingram</b>	<b>05/03</b>
<b>William Shelton</b>	<b>05/04</b>
<b>Marion Curry</b>	<b>05/05</b>
<b>Connell Linson</b>	<b>05/09</b>
<b>Jan Paul</b>	<b>05/14</b>
<b>James Senn</b>	<b>05/19</b>
<b>Johnna Hagedwood</b>	<b>05/19</b>
<b>Bill Erdman</b>	<b>05/21</b>
<b>Sara Berry</b>	<b>05/21</b>
<b>Elizabeth Duncan</b>	<b>05/26</b>
<b>Lorraine Gair</b>	<b>05/26</b>
<b>Joann Clayton</b>	<b>05/27</b>
<b>Bettie Eckrote</b>	<b>05/27</b>
<b>Jerry Laughlin</b>	<b>05/28</b>
<b>Leon Pettis</b>	<b>05/29</b>
<b>Sharon Rohwer</b>	<b>05/31</b>

## New Neighbors

<b>Raymond Graham</b>
<b>Luz Woodum</b>
<b>Eunice Sinclair</b>
<b>Evelyn Rohne</b>
<b>Doris Winn</b>
<b>Marion Curry</b>
<b>Don &amp; Ressie Yap</b>
<b>James Collins</b>
<b>David Bohlmann</b>
<b>Leland Gustin</b>
<b>Nancy Musselman</b>
<b>Judy Borchardt</b>
<b>Ralph &amp; Johnna Hagedwood</b>

# Game Room Schedule

## Mondays:

Hearts – 10:00 am

Phase 10 – 1:00 pm

Texas Hold'em Poker – 1:00 pm

## Tuesdays:

Hearts – 10:00 am

Hand & Foot – 1:00 pm

“31” card game – 1:00 pm (need players)

Poker – 2:00 pm

## Wednesdays:

Hearts – 10:00 am

Mahjong – 1:00 pm

Hearts – 1:00 pm

## Thursdays:

Hearts – 10:00 am

Hand & Foot – 1:00 pm

Dominoes – 1:00 pm

Poker – 5:00 pm

## Fridays:

Hearts – 10:00 am

Card Games – 1:00 pm

Rummikub – 1:00 pm

Game on – 1:00 pm

## Saturdays:

Card Games – 1:00 pm

Rummikub – 1:00 pm

## Sundays:

Card Games – 2:00 pm

Mexican Train – 2:00 pm

Zumba – Thursdays @ 10:00 am (GYM)

Fridays @ 11:00 am (GYM)

Book Club – Every Third Sunday of the Month @ 2:00 pm (3<sup>rd</sup> floor media room)

Gardening Club – Thursdays @ 9:00 am (COURTYARD)

Sewing Circle – Wednesdays @ 10:30am (CR)

Walking with a pal – Sundays @ 3:00 pm (Lobby)

& Thursdays @ 9:30 am (LOBBY)

Water Aerobics – Mondays & Wednesdays @ 3:00 pm (POOL)

Poker Group – Mondays 1:00 pm (GAME ROOM) Texas Hold em'

Tuesdays @ 1:00 pm (GAMEROOM) – “31”

Thursdays @ 5:00 pm (GAME ROOM)

Prayer Ministry Group – Mondays 1:00 pm – (ARTS & CRAFTS ROOM)

Pool Shooters Group – Sundays & Wednesdays @ 2pm – (GAME ROOM)

## Pot Luck Dinner:

Dinner is the 4<sup>th</sup> Sunday of each month. Bring a dish! Sign up with Concierge. This is a resident led event you must bring a dish to attend.

## Men's Groups

We are looking to implement more men's activities, if you have a suggestion or would enjoy leading a class, please get with the activity department.

## EVENTS

May 1st – 10:30 am – A Little Day Music - enjoy a free orchestral lunch concert at The Wortham Theatre. Bring your own lunch or you may order one from our dining just let the concierge know when you sign up. Sign up with concierge. (TRIP)

May 1st – 4:30 pm – Couple's Night Out – This month couples will enjoy some home cooking from Kelly's Diner. (TRIP) sign up with concierge

May 2nd – 10:30 am – Jeremiah's Italian Ice - We have a special invitation from Jeremiah's Italian Ice. The store will open early just for us!! So be sure to sign up and enjoy this special treat. (TRIP) sign up with concierge

May 2nd – 1:30 pm – Line Dancing – We have so much fun in this class. Easy to learn and great exercise too. (Gym)

May 3rd – 1:30 pm– Houston Neurological Institute Presentation – learn about sleep studies and how sleep affects your health. (DH)

May 4th – 5:00 pm – Sam Houston Race Park – Lots of fun, this is the Kentucky Derby Day so wear your hats! Winners Circle Buffet for \$34.95 with lots of delicious options and entry fee is included. Entry fee to the race track is \$5 without buffet (TRIP) sign up with concierge

May 5th – 9:00 am & 2:00 pm – Gym Buddies – get together in the gym for a little exercise. Self-led (GYM)

May 6th – 10:30 am – Mary Mann – always a great show (CR)

May 8th – 8:30 am – Ladies Breakfast Club – Time for a scrumptious breakfast at Busy Bees Café. (TRIP) sign up with concierge

May 8th – 4:00 pm – Mother's Day Tea Party- We invite all the Mothers here at Watercrest to join us in the dining hall for a tea party. We will have light bites, hot and cold flavored teas and a surprise dessert. (DH) sign up with concierge (FREE)

May 9th – 6:30 pm - Karaoke with Lois – We've been seeing a growing crowd for this event. (DH)

May 10<sup>th</sup> - 2:00 pm – Center of Audiology Presentation – get all your questions answered about your hearing and what's new on the market. (DH)

May 10th – 6:00 pm – Hometown Opry– It's a favorite place to go for marvelous music. Tickets \$12 in advance or \$15 at the door. (TRIP) sign up with concierge

May 11th – 9:00 am – Veterans Breakfast – Free breakfast for all of our veterans, if you are a veteran please join us. If you are a veteran and would like your picture added to our wall of honor see activities department. (DH) (veterans only)

May 11<sup>th</sup> – 10:30 am – Houston Museum of Natural Science – Permanent exhibits admission is \$16 for seniors and the special King Tut exhibit is \$35 which includes entry into the museum. (TRIP) sign up with concierge

May 13th – 8:00 am – Men's Breakfast – this month is Kelly's Diner for a hearty breakfast. (TRIP) sign up with concierge

May 13th – 10:00 am – – Painting with Freddie – sign up to join our friend Eddie for his new monthly painting class. All supplies furnished and it's free. (CR) sign up with concierge by May 9th

May 15th – 3:30 pm – Wine Down Wednesday – The Smile Center will be here to sponsor this event and tell you all about their services. (DH)

May 15th – 4:30 pm – Ladies Night Out – We had a request for Manvel Seafood & Grill (TRIP) sign up with concierge

May 17th – 9:00 am – Naskila Casino Bus - Bus ride cost \$10 you will receive a \$25 free play credit when you arrive. (TRIP) sign up with concierge

May 18th – 10:00 am – Bingo with Kathy - \$1:00 per card, 3 cards maximum. A fun way to start your Saturday. (DH)

May 18th – 1:00 pm – Crafts with Kathy - making key chains and walker chains with resin (CR) sign up with concierge

May 20th – 10:00 am– Flower arrangement fun - \$8 per person (CR) sign up with concierge

May 22<sup>nd</sup> – 4:30 pm – Wednesday Night Dinner – Shrimp boil \$21 (DH) sign up with concierge

May 24th – 9:00 am – Houston Zoo– animals, animals, animals. (TRIP) sign up with concierge

May 24th – 4:00 pm – Happy Hour Mix & Mingle – this is a no music happy hour featuring light snacks and drinks. Everyone is invited to join us to meet your neighbors and make new friends. (DH)

May 27th - Memorial Day – we will be spending time with our families. Dining hall will be open and check out you weekly for activities.

May 29th – 4:30 pm – Men's Night Out - good food and cold beer, that's the ticket at BJ's brewhouse. (TRIP) sign up with concierge by Apr 22nd

May 31st – 9:30 am - **Bayou Wildlife**– a mini safari seeing camels, ostriches, buffalo and lots more tickets \$22 bucket of feed \$5 (TRIP) **sign up with concierge**

**Looking for Rummikub players on Fridays and Saturdays @ 1pm in the game room.**

**Looking for “31” card game players on Tuesdays @ 1pm in the game room**

## Happy Hours

May 3rd – 4PM – DJ Tino

May 10th – 4PM – SheVon

May 17th – 4PM – Jerry

May 24th – 4PM – Mix & Mingle

May 31<sup>st</sup> – 4PM – Cyndy St Cyr

BINGO \_ Tues @ 7pm & Thur. @ 3pm

BUNCO – **3<sup>rd</sup>** Wed @ 3pm – Friendly Faces

Mondays @ 3pm (DH)

## WATERCREST PRAYER MINISTRY

On Monday at 1:00, the Watercrest Prayer Group meets in the Arts and Crafts room to pray. We are a non-denominational, diverse group who take prayer requests from the residents and staff. We encourage you to place your prayer requests in the wooden box in our café or join us at our Monday meeting. All requests are held in complete confidence and you may remain anonymous. We also have a text prayer chain for immediate needs.

Matthew 18:20, “For where two or three come together in my name, there am I with them.”

“May is the month of expectation, the month of wishes, the month of hope.”

— Emily Brontë

As a new season unfolds reflect back on a time when you were full of expectations, wishing on stars, and hopeful in all things. It should make you smile. Does it remind you of times when you were a child and how life seemed easier and dreams felt within reach? We may no longer be children but we never stop growing and therefore we should never stop expecting miracles, wishing on a star, or hoping for a better tomorrow. What was your favorite thing to do during recess or after school? Was it listening to records, going to the drive-in, roller skating, playing hopscotch, playing jacks, or perhaps even marbles. Whatever it was it made you laugh back then and today it can also make you smile. I encourage everyone to share a favorite childhood memory or wish with someone and let’s see just how much we all have in common. Continue to laugh and to smile.

May the Lord bless and keep you all!

Carmelita, your Executive Director

Town Hall notes will be printed and put in your cubby.