



May 2024

- GR GAME ROOM
- MR MEDIA ROOM
- FL FRONT LOBBY
- P POOL
- G GYM
- PD PRIVATE DINING
- CY COURTYARD
- TR TRIP
- DH DINING HALL
- SP SALON & SPA
- 3c 3RD FLOOR CAFE
- CR Craft Room
- GS GENERAL STORE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p style="text-align: right;">1</p> <p>10:00 MR Blood Pressure Checks 10:00 GS General Store Open 10:30 TR A Little Day Music (The Wortham Theater) 10:30 CR Sewing Circle 11:30 G Sit & Fit with Activities 1:30 MR Flex Your Brain 2:00 GR Pool Shooters Group 3:00 P Water Aerobics 4:30 TR Couples Night Out / Kelly's 6:00 MR Word Search Wednesday</p>	<p style="text-align: right;">2</p> <p>9:00 CY Gardening Club 9:30 SP Beauty Salon Open 9:30 FL Walking with a Pal 10:00 G Chair Zumba 10:30 TR Jeremiah's Italian Ice 11:00 G Drums Alive Class 1:00 GR Hand & Foot Cards 1:30 G Line Dancing 3:00 DH Bingo 5:00 GR Poker</p>	<p style="text-align: right;">3</p> <p>9:00 G Stretch Strength & Balance 10:00 CR Acrylic Painting 10:00 GS General Store Open 10:00 GR Hearts Card Game 11:00 G Chair Zumba 1:30 G 15-Minute Mile 1:30 DH Houston Neurological Institute Presentation - Sleep Study 2:00 MR Flex Your Brain 4:00 DH Happy Hour w/ DJ Tino 5:30 MR Friday Night at the Movies</p>	<p style="text-align: right;">4</p> <p>11:00 G Muscle Toning w/ Lydia 1:00 MR Cards with Friends 2:00 MR Adult Coloring Pages 2:00 CY Corn Hole - Weather Permitting 3:00 MR Residents' Choice Movie Day 5:00 TR Sam Houston Race Park</p>
<p style="text-align: right;">5</p> <p>9:00 G Gym Buddies 10:00 MR Sudoku Sunday 2:00 G Gym Buddies 2:00 GR Pool Shooters Group 3:00 FL Walking with a Pal 4:00 GR Sunday Funday Games</p>	<p style="text-align: right;">6</p> <p>9:00 G Sit & Fit w/ Lois 10:00 GS General Store Open 10:30 CR Mary Mann 11:00 G Yoga 1:00 CR Prayer Ministry Group 1:00 GR Texas Hold 'em Poker 3:00 DH BUNCO 3:00 P Water Aerobics 4:30 MR Popcorn & A Movie</p>	<p style="text-align: right;">7</p> <p>8:30 SP SOZO Massage Therapist 9:00 G Gym Equipment Demonstration 9:15 CR Bible Study 9:30 SP Beauty Salon Open 9:30 G 15-Minute Mile 11:00 G 15-Minute Mile 1:00 GR Poker 1:30 G Tai Chi 3:00 DH Ice Cream Social 7:00 DH Resident-Led Bingo</p>	<p style="text-align: right;">8</p> <p>8:30 TR Ladies Breakfast Club / Busy Bee 10:00 MR Blood Pressure Checks 10:00 GS General Store Open 10:30 PD Catholic Mass 10:30 CR Sewing Circle 11:30 G Sit & Fit with Activities 1:30 MR Flex Your Brain 2:00 GR Pool Shooters Group 3:00 P Water Aerobics 4:00 DH Mother's Day Tea Party 6:00 MR Word Search Wednesday</p>	<p style="text-align: right;">9</p> <p>9:00 CY Gardening Club 9:30 SP Beauty Salon Open 9:30 FL Walking with a Pal 10:00 G Chair Zumba 11:00 G Drums Alive Class 1:00 GR Hand & Foot Cards 1:30 G Line Dancing 3:00 DH Bingo 5:00 GR Poker 6:30 DH Karaoke with Lois</p>	<p style="text-align: right;">10</p> <p>9:00 G Stretch Strength & Balance 10:00 CR Acrylic Painting 10:00 GS General Store Open 10:00 GR Hearts Card Game 11:00 G Chair Zumba 1:30 G 15-Minute Mile 2:00 DH Center of Audiology Presentation 2:00 MR Flex Your Brain 4:00 DH Happy Hour w/ SheVon 5:30 MR Friday Night at the Movies 6:00 TR Hometown Opry</p>	<p style="text-align: right;">11</p> <p>9:00 DH Veterans' Breakfast 10:30 TR Museum of Natural Science 11:00 G Muscle Toning w/ Lydia 1:00 MR Cards with Friends 2:00 MR Adult Coloring Pages 2:00 CY Corn Hole - Weather Permitting 3:00 MR Residents' Choice Movie Day</p>
<p style="text-align: right;">12</p> <p>9:00 G Gym Buddies 10:00 MR Sudoku Sunday 2:00 G Gym Buddies 2:00 GR Pool Shooters Group 3:00 FL Walking with a Pal 4:00 GR Sunday Funday Games</p>	<p style="text-align: right;">13</p> <p>8:00 TR Men's Breakfast - Kelly's Diner 9:00 G Sit & Fit w/ Lois 10:00 GS General Store Open 10:00 CR Painting with Freddie 11:00 G Yoga 1:00 CR Prayer Ministry Group 1:00 GR Texas Hold 'em Poker 3:00 DH BUNCO 3:00 P Water Aerobics 4:30 MR Popcorn & A Movie</p>	<p style="text-align: right;">14</p> <p>8:30 SP SOZO Massage Therapist 9:00 G Gym Equipment Demonstration 9:15 CR Bible Study 9:30 SP Beauty Salon Open 10:30 CR Catholic Communion 11:00 G 15-Minute Mile 1:00 GR Poker 1:30 G Tai Chi 2:00 DH Chef Talk with Terri 3:00 DH Ice Cream Social 7:00 DH Resident-Led Bingo</p>	<p style="text-align: right;">15</p> <p>10:00 MR Blood Pressure Checks 10:00 GS General Store Open 10:30 CR Sewing Circle 11:30 G Sit & Fit with Activities 1:30 MR Flex Your Brain 2:00 GR Pool Shooters Group 3:00 P Water Aerobics 3:30 DH Wine Down Wednesday w/ The Smile Center 4:30 TR Ladies Night Out / Manvel Seafood & Grill 6:00 MR Word Search Wednesday</p>	<p style="text-align: right;">16</p> <p>9:00 CY Gardening Club 9:30 SP Beauty Salon Open 9:30 FL Walking with a Pal 10:00 G Chair Zumba 11:00 G Drums Alive Class 1:00 GR Hand & Foot Cards 1:30 G Line Dancing 3:00 DH Bingo 5:00 GR Poker</p>	<p style="text-align: right;">17</p> <p>9:00 TR Naskila Casino / Bus 9:00 G Stretch Strength & Balance 10:00 CR Acrylic Painting 10:00 GS General Store Open 10:00 GR Hearts Card Game 11:00 G Chair Zumba 1:00 MR Watercrest Wellness Presentation 1:30 G 15-Minute Mile 2:00 MR Flex Your Brain 4:00 DH Happy Hour w/ Jerry Saucier 5:30 MR Friday Night at the Movies</p>	<p style="text-align: right;">18</p> <p>10:00 DH BINGO 10:00 GR Game On - Cards and Games 11:00 G Muscle Toning w/ Lydia 1:00 MR Cards with Friends 1:00 CR Crafting with Kathy 2:00 MR Adult Coloring Pages 2:00 CY Corn Hole - Weather Permitting 3:00 MR Residents' Choice Movie Day</p>
<p style="text-align: right;">19</p> <p>9:00 G Gym Buddies 10:00 MR Sudoku Sunday 2:00 3c Book Club 2:00 G Gym Buddies 2:00 GR Pool Shooters Group 3:00 FL Walking with a Pal 4:00 GR Sunday Funday Games</p>	<p style="text-align: right;">20</p> <p>9:00 G Sit & Fit w/ Lois 10:00 CR Flower Arrangements 10:00 GS General Store Open 11:00 CR Crafting with Kathy 11:00 G Yoga 1:00 CR Prayer Ministry Group 1:00 GR Texas Hold 'em Poker 3:00 DH BUNCO 3:00 P Water Aerobics 4:30 MR Popcorn & A Movie</p>	<p style="text-align: right;">21</p> <p>8:30 SP SOZO Massage Therapist 9:00 G Gym Equipment Demonstration 9:15 CR Bible Study 9:30 SP Beauty Salon Open 10:30 CR Catholic Communion 11:00 G 15-Minute Mile 1:00 GR Poker 1:30 G Tai Chi 2:00 DH Health Talk with Eboni - Select Rehab 3:00 DH Ice Cream Social 7:00 DH Resident-Led Bingo</p>	<p style="text-align: right;">22</p> <p>10:00 MR Blood Pressure Checks 10:00 GS General Store Open 10:30 CR Sewing Circle 11:30 G Sit & Fit with Activities 1:30 MR Flex Your Brain 2:00 GR Pool Shooters Group 3:00 P Water Aerobics 4:30 DH Wednesday Night Dinner 6:00 MR Word Search Wednesday</p>	<p style="text-align: right;">23</p> <p>9:00 CY Gardening Club 9:30 SP Beauty Salon Open 9:30 FL Walking with a Pal 10:00 G Chair Zumba 11:00 G Drums Alive Class 1:00 GR Hand & Foot Cards 1:30 G Line Dancing 2:00 DH Town Hall 3:00 DH Bingo 5:00 GR Poker 6:30 DH Karaoke with Lois</p>	<p style="text-align: right;">24</p> <p>9:00 TR Houston Zoo 9:00 G Stretch Strength & Balance 10:00 CR Acrylic Painting 10:00 GS General Store Open 10:00 GR Hearts Card Game 11:00 G Chair Zumba 1:30 G 15-Minute Mile 2:00 MR Flex Your Brain 4:00 DH Happy Hour / New Resident Mix & Mingle 5:30 MR Friday Night at the Movies</p>	<p style="text-align: right;">25</p> <p>11:00 G Muscle Toning w/ Lydia 1:00 MR Cards with Friends 2:00 MR Adult Coloring Pages 2:00 CY Corn Hole - Weather Permitting 3:00 MR Residents' Choice Movie Day</p>
<p style="text-align: right;">26</p> <p>9:00 G Gym Buddies 10:00 MR Sudoku Sunday 2:00 G Gym Buddies 2:00 GR Pool Shooters Group 3:00 FL Walking with a Pal 4:00 GR Sunday Funday Games 5:00 DH Potluck Dinner</p>	<p style="text-align: right;">27</p> <p>Memorial Day 9:00 G Sit & Fit w/ Lois 10:00 MR Activity Corner - Self Led 10:00 GS General Store Open 11:00 G Yoga 1:00 CR Prayer Ministry Group 1:00 GR Texas Hold 'em Poker 3:00 P Water Aerobics</p>	<p style="text-align: right;">28</p> <p>8:30 SP SOZO Massage Therapist 9:00 G Gym Equipment Demonstration 9:15 CR Bible Study 9:30 SP Beauty Salon Open 10:30 CR Catholic Communion 11:00 G 15-Minute Mile 1:00 GR Poker 1:30 G Tai Chi 3:00 DH Ice Cream Social/ Birthday 7:00 DH Resident-Led Bingo</p>	<p style="text-align: right;">29</p> <p>10:00 MR Blood Pressure Checks 10:00 GS General Store Open 10:30 CR Sewing Circle 11:30 G Sit & Fit with Activities 1:30 MR Flex Your Brain 2:00 GR Pool Shooters Group 3:00 DH BUNCO with Friendly Faces 3:00 P Water Aerobics 4:30 TR Men's Night Out / BJ's Brewhouse 6:00 MR Word Search Wednesday</p>	<p style="text-align: right;">30</p> <p>9:00 CY Gardening Club 9:30 SP Beauty Salon Open 9:30 FL Walking with a Pal 10:00 G Chair Zumba 11:00 G Drums Alive Class 1:00 GR Hand & Foot Cards 1:30 G Line Dancing 3:00 DH Bingo 5:00 GR Poker</p>	<p style="text-align: right;">31</p> <p>9:00 G Stretch Strength & Balance 9:30 TR Bayou Wildlife 10:00 CR Acrylic Painting 10:00 GS General Store Open 10:00 GR Hearts Card Game 11:00 G Chair Zumba 1:30 G 15-Minute Mile 2:00 MR Flex Your Brain 4:00 DH Happy Hour w/ Cindy St Cyr 5:30 MR Friday Night at the Movies</p>	