



WATERCREST

AT

SHADOW CREEK RANCH

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Heroes Big and Small

"Heroism doesn't always happen in a burst of glory. Sometimes small triumphs and large hearts change the course of history."

—Mary Roach

150th Kentucky Derby

The world's most exciting two minutes in sports will bring even more excitement this year, as thousands will gather to watch the 150th Kentucky Derby on May 4. Join us on a trip to the Sam Houston Race Park to watch live racing, have dinner at the Winners Circle Buffet and cheer on your favorite horse.

Mother's Day Tea Party

Inviting all our resident mothers to our tea party May 8th @ 4pm in the dining hall. We will have a selection of hot tea, finger sandwiches and a surprise dessert. Don't forget to get your picture taken! From all of us at WSCR we wish you a very happy Mother's Day!



May 2024

Memorial Day

Our team at Watercrest Shadow Creek Ranch is honored to serve so many residents who are veterans. From all of us here at WSCR, thank you for your service. We join you and all patriotic Americans who are commemorating and observing Memorial Day 2024.



Reasons To Reminisce

Recalling your past achievements can boost your confidence, researchers say. Looking back and remembering how you overcame an obstacle or learned a new skill builds self-esteem and helps you tackle new challenges. We would like to invite you to speak about your own life story; if you are interested in telling your story, stop by and talk to the activities department.

Gym Buddies

Meet in the gym on the second floor every Sunday @ 9am to work out using the gym equipment. If you need instructions on the use of the equipment, George will be happy to assist you.